

## Preface and Disclaimer

I have always loved books like these, and I often scour Twitter and Facebook for motivational phrases and images to help boost my own library of them. I think that people like to feel inspired by others as they go along in life.

I have attended many live conferences during my lifetime which involved much expense and travelling, however, I have never failed to come away without being armed with so much information that it was mind-boggling at the time.

I have boxes stored with stuff – stuff that I have learned over the years from various mentors. Stuff that to me is invaluable because of the wisdom and knowledge that has been ingrained in me from what my mentors were teaching at the time.

Only once have I come away disillusioned at the leaders who I have since abandoned as having let me down financially and spiritually. However, that comes with the learning as to who to follow and who not to follow.

Change of leadership when one is following a certain person is not usually a good thing. After all, we choose to follow that leader because of his/her personality,

teaching, ways of getting stuff into my head – and of course when those leaders decide to pal up with someone, it doesn't normally work out. I should have read the writing on the wall at the time, however, because of my ignorance and forever pushing to get to the top myself, I was oblivious to the change until it was too late for me anyway.

I see that they are still around and good luck to them. I often read how others have been disappointed as well, but hey that comes with the learning.

From that experience I pushed out on my own, changing my entire direction and decided that no longer would I rely on someone else for success. It was time for me to be successful on my own bat, rather than wait for tidbits from others.

I am glad I did because since then I have only gone from strength to strength. Sometimes in life, we have to learn the hard way and that was my own personal experience. But see where it pushed me to – to my own heights of my own doing.

Now I think back and think – was that a good thing after all?

Sometimes we need something to open our own eyes up, and that was so in my case.

I will never regret the learning I got from those people. Of course not, because without their teachings I wouldn't be where I am today anyway.

Everything one learns on one's journey to the top is necessary to make you the person you are today.

And that is how I now view all of that experience.

Which leads me to this book. There may be passages you might recognise but for the most part the thoughts are mine.

It took me four days to write the script for this book, however, I only expect of my readers to take 365 days to read every page. After all, hogging the information in one hit is not going to help it sink in. Much of what I have to think about that I have shared with you here needs to be thought about on your own terms. I think when one is progressing through life, it is nice to have something to read a little passage from every single day for at least one year.

I have books like this on my own shelves – well, I did when I had a house, now sadly they are in storage as I

no longer have the room in our mobile home. Lately I have been doing what I can to transfer some of those books into my kindle but of course, not all of them are available anymore to go through such a process. Maybe when I am well and done on this earth my following generations will come to appreciate those things that I have left behind in storage boxes and they too might learn the secrets of life that I spent all of my own life collecting and learning.

But then I have always been a person that has a book jump off the shelf at me – my progeny may not be like that. Their world consists of “instant” through their various devices that they walk around with glued to the palms of their hands. Books may come to not ever be read one day, who knows what the future holds for them? Even I myself recognise this change in direction as everything I write is designed for the internet rather than a library bookshelf, with very few exceptions.

For what it's worth, I hope you enjoy my book and take the time to really study how to better your own self through my thoughts on matters that are dear to my heart.

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Way back in 2013 I published three books that have helped me in my own business ventures, using the scriptures as my guide.

Here are the links if you might be interested in the same way:

[\*\*A Spiritual Guide To An Entrepreneurial Mindset\*\*](#)  
[\*\*Alma Reveals His Entrepreneurial Secrets\*\*](#)  
[\*\*King Benjamin\*\*](#)

For now, I just want to share with you what brings me much joy every day.

Watch out for more from me in other areas.

As usual, my email address for correspondence, criticisms or just some love from you is [stories4debbie@gmail.com](mailto:stories4debbie@gmail.com)

Kind regards  
Debbie Nicholson  
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